



BBC SUMMER ATHLETICS

SUN. OCT 9	RUN ONLY 3KM BALMORAL SLOPES	
SUN. NOV 6	RUN ONLY 10KM CHOWDER CHALLENGE	
SUN. NOV 27	LAND BASED OBSTACLE COURSE	
SUN. DEC 4	RUN ONLY 3KM SOFT SAND TED NEALE X-COUNTRY	• •
SUN. DEC 18	BIATHALON GEORGE FRANKI 9.5 RUN 1600 SWIM	• •
SUN. JAN 22	RUN ONLY PETER EDMUNDS 1.6KM HARD SAND	•
SUN. FEB 12	RUN ONLY JACK VALDER 6.4KM MIDDLE HEAD	•
SUN. MAR 11	BIATHALON PETER MACORMICK IRONMAN 100m/3K/100m	• •

* STAND ALONE TROPHY RACE

** POINTS CONTRIBUTE OVERALL CLUB CHAMPIONSHIP (ATHLETICS & SWIMMING).

ALL RACES COMMENCE AT 7AM