

**Balmoral Beach Club Sunday Summer Sports program
2011-2012 Season**

Date	Pub Holidays	Athletics	Masters	Juniors	Seniors	Tide	Championship
	All races start at 7.30am unless marked	All race start at 7am unless marked	All race start at 7.30am unless marked	All races start at 8.45am unless marked	All race start at 8am unless marked		All races start at 8.00am unless marked
Oct 2			No race		900m handicap non pointscore		
Oct 3	Labour Day				1200m baths, island, bay, club		
Oct 9		Opening race of summer season Balmoral slopes 3km run	Opening race of summer season 250m pointscore		Opening race of summer season 900m handicap pointscore	0724 1.41m	
Oct 16			250m pointscore		900m sealed handicap pointscore	1120 1.60m	Race (1)
Oct 23			250m pointscore		900m handicap pointscore	1144 0.47m	
Oct 30			250m pointscore		Doug Brodie Trophy 900m handicap pointscore	1131 1.88m	
Nov 6		Chowder Bay Challenge 10km run	250m pointscore		Jack Merritt Trophy 900m handicap pointscore	0607 1.38	
Nov 13			250m pointscore		1600m sealed handicap pointscore	LD 1019 1.71	Race (2)
Nov 20			250m pointscore		Tom Billerwell Trophy 900m handicap pointscore	1013 0.58m	
Nov 26					2, 4, 6 km swim around Balmoral - bay, island, baths course	0933 1.99m	
Nov 27		Obstacle Course	250m pointscore		Chris Bolger Trophy 1200m handicap pointscore	* 1023 1.97m	
Dec 4		Ted Neale Trophy Soft Sand Classic 3km beach run	* 250m pointscore		Doug Crammond Trophy 900m handicap pointscore	1034 0.70m	
Dec 11			250m pointscore		1200m sealed handicap pointscore	0922 1.77m	Race (3)

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Dec 18		George Franki Trophy Biathlon 1600m swim (starts 7am) 9.5km run/walk	* 250m pointscore		George Franki Trophy 1600m sealed handicap pointscore Swim starts at 7am	* 0839 0.59m	
Dec 25	Christmas Day		No race		Rex Hayhow Trophy 900m handicap non pointscore	0920 1.97m	
Dec 26	Boxing Day				Summer of Fun 26 Dec to 3 Jan (700m to 1500m) non pointscore start 7.30am (New Years day start 8am)		
Jan 01	New Years Day				Summer of Fun continues start 8am		
Jan 8			250m pointscore		Ben Remfrey Trophy 2400m sealed handicap pointscore	LD 0824 1.74m	Race (4)
Jan 15			250m pointscore		Stewart and Maisie MacNaughton Trophy 1200m handicap pointscore	0719 0.49m	
Jan 22		Peter Edmonds Trophy 1.6km beach run	250m pointscore		1600 handicap pointscore	LD 0820 1.87m	
Jan 26	Australia Day				1200m baths, island, bay, club		
Jan 29			250m pointscore		900m non pointscore handicap at Balmoral. Palm Beach to Whale Beach McRobert Family Trophy 2,800m	0701 0.60m	
Feb 5			250m pointscore	Opening day races: 150m - 225m races for difference age groups	1600m sealed handicap pointscore	0716 1.64m	Race (5)
Feb 12		Jack Valder Memorial Trophy Run to Middle Head 6.4km	250m pointscore	Pointscore 150 - 225m	900m handicap pointscore	0614 0.35	

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Feb 19			250m pointscore	Pointscore 150 - 225m	Tim Anderson Trophy 1200m handicap pointscore (High Tide)	0718 1.73m	
Feb 26			250m pointscore	Pointscore 150 - 225m	900m handicap pointscore Stalwarts Trophy	0548 0.50m	
Mar 4			250m pointscore	Pointscore 150 - 225m	Captain's Trophy 900m handicap pointscore followed by Jenny Beckett Relay Men vs Women (10 in each team)	0551 1.52	
Mar 11		Peter MacCormick Ironman Trophy 100m swim 3 km run, 100m swim	* 250m pointscore	Pointscore 150 - 225m	1200m handicap pointscore 8am	LD 0512 0.23	
Mar 18			250m pointscore	Pointscore 150 - 225m	Ex Serviceperson Trophy (150m) at 7.45am followed by 1200m sealed handicap pointscore	0606 1.61m	Race (6) final race
Mar 25			250m pointscore	Pointscore 150 - 225m	900m Non pointscore and Swim for cancer (10am)	1049 1.44m	
Apr 1		Cool Athletics - Balmoral Oval return	250m pointscore	Pointscore 150 - 225m	Higgins Sanderson Trophy 1200m handicap pointscore	* 0955 0.59	
Apr 6	Good Friday				Easter Holiday series 900-1600m 6-9 April 7.30 start (8am Easter Sunday)	0732 1.74m	
Apr 8	Easter Sunday		No race	No race	Easter Holiday series continues	0915 1.66m	
Apr 15			250m pointscore	Pointscore 150 - 225m	900m handicap pointscore	1018 0.50m	
Apr 22			Season Close 250m pointscore	Henri Gilet Memorial Trophy Season Close 150 - 225m	Jack Cox Trophy 1500m handicap pointscore. Annual prizegiving 4pm.	LD 0849 1.42m	
Apr 25	Anzac Day				Anzac trophy - 1200m baths, island, bay, club		

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Apr 29			No race		Weight for age race Coordinator Kieran Kelly	
May 6		Cool Athletics - Peter Mac. Ironman course (run only)	250m pointscore		Winter season commences 1200m sealed handicap	

Special Awards

Swimmers Club Championship conducted over 6 races.

Overall Club Championship is based on 2 swims, 2 biathlons and 1 run marked with *.

Long distance trophy is conducted over 5 races in the series that have been marked with the letters "LD".

Masters Barry Rutter Trophy Series: 4, 11, 18, 25 March. Points are calculated for best 3 out of 4 races.

Juniors

Junior club championship will be run over last six races from 12 February 2011

EO Morath Junior pointscore is a handicap event and handicaps will be determined at the start of the series

Junior pointscore will be run over all races on a scratch start format

Most improved junior will be decided at the end of the season

Racing Rules

Racing rules are separately listed on BBC website. Participation is at own risk.

Competitors in Club Championship swimming events will only be eligible for club championship points in traditional swim suits. Swimmers in race suits on club championship days will still be eligible for season pointscore points.