

## ENTRY FORM

### Entry Fees:

|                        |             |
|------------------------|-------------|
| Individual(online 1km) | <b>\$35</b> |
| Individual(on the day) | <b>\$45</b> |
| Junior Race            | <b>\$15</b> |
| Relay(per team)        | <b>\$40</b> |
| 5km Individual(online) | <b>\$85</b> |

\* If over \$200 is raised in funds for Children's Cancer Institute entry fee will be refunded on the day  
(Not applicable to 5km swim)

### How to enter:

Online [www.oceanswim.com](http://www.oceanswim.com)  
(credit card only)

Mail **Balmoral Beach Club**  
**P O Box 82**  
**Spit Junction 2088**

Must be received by 30th March

On swim day at desk

**1km before 9.30am**

**Junior before 9.00am**

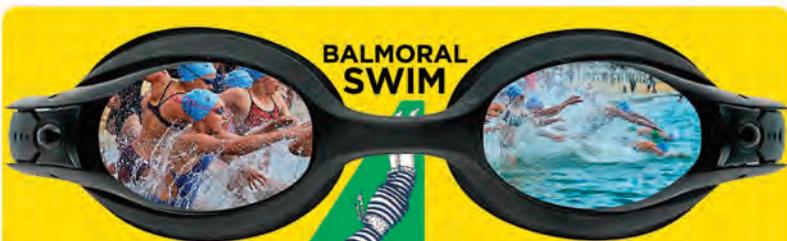
### More Information

[www.balmoralswim.com.au](http://www.balmoralswim.com.au)

Help save the lives of children by raising money for the Children's Cancer Institute Australia and contest the

**Alexander Patrick Hall  
Charity Cup**

See [balmoralswim.com.au](http://balmoralswim.com.au) website to get involved



BALMORAL  
SWIM

# CANCER

## SUNDAY 2nd April 2017

[www.balmoralswim.com.au](http://www.balmoralswim.com.au)

7.00 am 5km swim

8.30am School Relay

9.45am Junior Swim

10.00am 1km Harbour Swim

HMAS Penguin Shield-Relay

The Anita Comelli Dash for Glory

The Alexander Patrick Hall Charity Cup

PROUDLY SUPPORTED BY

Allianz 

 medlab

 Audi  
Centre Mosman

 URM  
UNITED RESOURCE MANAGEMENT

 Raine & Horne  
Mosman

 EDNEY RYAN  
ESTATE

 Mosman  
COUNCIL

 Mortgage  
Choice

 jeckra

Children's  
Cancer  
Institute

Organised by community members and



BALMORAL BEACH CLUB EVENTS

# ENTRY FORM Must be received by March 30th 2017

| Individuals  | Category (tick one)  |            |                                   |
|--|--|------------|-----------------------------------|
| Surname .....  | <b>Male</b>  | <b>Age</b> | <b>Female</b>                     |
| First name/s.....  | <b>A</b> <input type="checkbox"/> Under 16yrs                |            | <input type="checkbox"/> <b>J</b> |
| Sex (M/F)..... Category..... Birth Date...../...../..... | <b>B</b> <input type="checkbox"/> 16-19                      |            | <input type="checkbox"/> <b>K</b> |
| Age (on race day)..... Address:.....                     | <b>C</b> <input type="checkbox"/> 20-29                      |            | <input type="checkbox"/> <b>L</b> |
| ..... P/code.....  | <b>D</b> <input type="checkbox"/> 30-39                      |            | <input type="checkbox"/> <b>M</b> |
| Phone (H/B).....(M).....                                 | <b>E</b> <input type="checkbox"/> 40-49                      |            | <input type="checkbox"/> <b>N</b> |
| Email:.....  | <b>F</b> <input type="checkbox"/> 50-59                      |            | <input type="checkbox"/> <b>O</b> |
| Signature..... Guardian.....                             | <b>G</b> <input type="checkbox"/> 60-69                      |            | <input type="checkbox"/> <b>P</b> |
| To say you have read the declaration                     | <b>H</b> <input type="checkbox"/> 70+                        |            | <input type="checkbox"/> <b>R</b> |
| Signature where applicable                               | <b>I</b> <input type="checkbox"/> 80+                        |            | <input type="checkbox"/> <b>S</b> |
|  | <b>Y</b> <input type="checkbox"/> 250m Junior Swim(under 12) |            | <input type="checkbox"/> <b>Z</b> |

| Teams  | 4 x 100m team relay. Prizes to first team in the 'Penguin Shield' |                |           |               |               |
|--|---|----------------|-----------|---------------|---------------|
| All team members(and guardians with juniors) must sign to say they have read the declaration |   |                |           |               |               |
| Competitor name  | Age on race day   | Gender         | Signature | Guardian(Sig) | Guardian Name |
| 1.....   | .....   | .....          | .....     | .....         | .....         |
| 2.....   | .....   | .....          | .....     | .....         | .....         |
| 3.....   | .....   | .....          | .....     | .....         | .....         |
| 4.....   | .....   | .....          | .....     | .....         | .....         |
| Accumulative Age .....   |   | Team name..... |           |               |               |

|  |   |   |
|--|---|---|
| <b>Payment</b>   | <input type="checkbox"/> Cash   | <input type="checkbox"/> Cheque \$..... |
| <b>Individuals</b>   | <input type="checkbox"/> 1km swim Payment by mail is \$35 (Early entry before 30/1/15 is \$25).- \$45 on the day) |   |
|  | <input type="checkbox"/> Junior Swim - \$15   |   |
| <b>Teams</b>   | <input type="checkbox"/> Relay (per team) - \$40 <input type="checkbox"/> Donations (Over \$2 tax deductible)     |   |
| If an individual raises over \$200 on <b>fundraising site</b> for the <b>Children's Cancer Institute</b> they will get their entry fee refunded. (Not 5km) |   |   |
| Please make out cheques to Balmoral Swim   |   |   |

## DECLARATION

IMPORTANT: THIS DECLARATION AFFECTS YOUR RIGHTS. EACH COMPETITOR MUST SIGN IT. FOR PARTICIPANTS UNDER THE AGE OF 18, A PARENT OR GUARDIAN MUST ALSO SIGN. **WARNING:** COMPETITIVE OPEN WATER SWIMMING CAN BE A DANGEROUS RECREATIONAL ACTIVITY. PARTICIPATE AT YOUR OWN RISK.

1. I acknowledge that the event in which I am intending to participate (**Event**) may involve a risk of injury or other harm from various causes including, but not limited to, overexertion, dehydration, collision with other participants, marine objects or craft, dangerous weather/water conditions and/or stingers, sharks and other marine life. I further acknowledge that the Event Organisers take no responsibility for my safety or health during the Event. I understand and accept that I should not enter the Event unless I am physically capable and reasonably anticipate completing the Event. Knowing these facts and in consideration of your acceptance of my entry, I accept all risks necessarily arising from my participation in the Event which could result in personal injury or loss of life and hereby release all people and entities associated with the conduct of the Event or connected with its organisation, management or sponsorship; their directors, officers, employees, agents, contractors and volunteers from all claims and demands whatsoever. This release and indemnity continues after the Event and binds my heir(s), executors and any other person who might act on behalf of my heir(s) or myself.
2. I consent to receiving any medical treatment that Event medical staff thinks appropriate during or following the Event. I acknowledge that the Event organisers has the ultimate and final authority to remove a participant from the swim if judged to be physically incapable of continuing without risk of serious injury.
3. I acknowledge that safety precautions, rescue and first aid facilities (if any) undertaken or arranged by Event Organisers are a service to me and other participants, but are not a guarantee of safety and cannot be relied upon. I acknowledge that the Event Organisers have the right to postpone or cancel the Event as they consider appropriate and I agree to abide by all Event rules and directions issued by the Event Organiser.
4. I am responsible for the security of my personal possessions at the Event.
5. My registration is not transferable to other people. If I am unable to participate or if the Event is cancelled, my registration fee is non-refundable.
6. I affirm that I am 18 years of age or older and I have read this document and understand its terms. If you are under the age of 18, please ensure a parent or guardian must also sign this declaration.
7. I hereby grant permission for my name, images and voice to be used by the Event Organisers, sponsors for any legitimate purpose in any media or other communication.

## IMPORTANT EVENT INFORMATION

### START

Events start from 7.00am at Balmoral Beach near the Rotunda. 1 km Swimmers to register before 9:30am (races starts 10.00am). 5km swimmers to register by 6.30am for 7am start. Juniors to register before 9am (race starts 9:45am). At the direction of marshals, each group of swimmers will move to the start line. Swimmers will be released in wave starts by age categories at the determination of the Race Director.

### FINISH

Swimmers will round the buoys and finish through the finish chute. A detailed course map will be displayed at registration on the morning of the event.

### ELECTRONIC TIMING TAGS

Please ensure that electronic tags are removed and returned to the race organisers after the race. The swim organisers are charged for each missing tag and reserve the right to on-charge those competitors who do not return their tags.

### HMAS PENQUIN SHEILD

Open to teams from Sporting Clubs, Community Organisations, Swim Clubs and Schools.

### THE ANITA COMELLI DASH FOR GLORY

To be eligible you MUST compete in the 1km individual swim or team relay.

### THE ALEXANDER PATRICK HALL CHARITY CUP

You can raise money for the Children's Cancer Institute Australia as an individual or a team. The Alexander Patrick Hall Trophy will be awarded to both the swimmer and the team who raise the most money for the Balmoral Swim. Judges will award the prizes to the team and the individual who have raised the most money by 8pm on the eve of the race via the official fundraising site.

### WETSUITS

Wetsuits, flotation devices and fins will swim in last wave and are not eligible to win any category.

### MEDICAL

Swimmers' physical condition will be their own responsibility and they enter this event at their own risk. All participants are urged to train and have medical check-ups prior to entry.

### SAFETY

Safety craft will patrol the course throughout each event. Water safety officers have the final authority to remove a competitor from the water if judged to be physically incapable of continuing the swim without risk of serious injury.

### PROCEEDS

All proceeds go to Children's Cancer Institute Australia.

### CANCELLATION

The Race Director reserves the right to cancel the event due to rough or dangerous conditions. In the event of cancellation, there will be NO refund of entry fee. A decision will be made on race day at 8am.

### PRESENTATION

Presentations will be made on the beach at approximately 11.30am, immediately after the Anita Comelli Dash for Glory.

### REGISTRATION

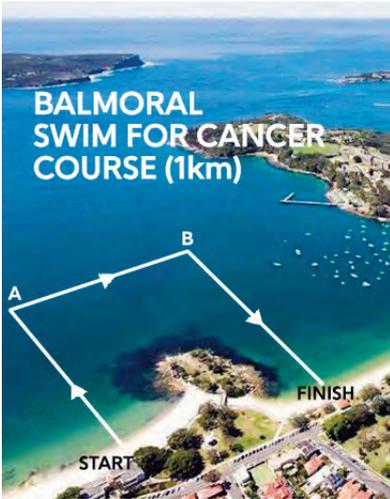
On race day, all swimmers except those competing in the relay race and Dash for Glory will be issued with a race cap and 'electronic ankle bracelet'. The cap & bracelet must be worn throughout the race.

You can raise money for the **Children's Cancer Institute Australia** by getting people to sponsor you online. Set up your own personal hero page or team page now at

<https://donate.ccia.org.au/campaign/19/balmoralsswimforcancer2017>



**BALMORAL BEACH CLUB**



Every year more than 600 Australian children will be diagnosed with cancer.

Every week three Australian children will die of cancer.

Our organisation exists solely to put an end to childhood cancer. We don't just hope to do it.

**We will do it.**

And we are making great strides. Fifty years ago, cancer was nearly always a death sentence for a child. Now eight out of 10 children survive. What made that huge difference?

**Medical research.**

As the only independent medical research institute in Australia wholly dedicated to childhood cancer, our role is vital. Because, despite our progress, cancer still kills more children than any other disease.

Our task won't be easy — childhood cancer is hugely complex — but we're confident that with the brightest brains, the best facilities and the greatest determination, we will get the job done.

**It's not If. It's When.**

