

SUNDAY AND PUBLIC HOLIDAY SPORTS PROGRAM 2019 - 20

DATE	ATHLETICS		SWIMMING – 7.30AM	
6 OCT			MASTERS SERIES COMMENCES 7.15AM	
			SCRATCH 1,000M	SC
13 OCT	JACK VALDER MEMORIAL HANDICAP 3KM, 7AM		DOUG BRODIE TROPHY 1,000M	
20 OCT			CAPTAIN'S TROPHY 1,300M	LD
27 OCT			1,200M	
27 OCT			JUNIOR SERIES COMMENCES 8.30AM NIPPERS STARTS	
3 NOV			SCRATCH 1,000M	SC
10 NOV	CHINAMAN'S BEACH CHALLENGE 9.5KM, 6.15AM		1,000M JACK MERRITT TROPHY	
17 NOV			TOM BILLERWELL TROPHY 1,800M	LD
23 NOV	ERIK MATHER 2, 4, 6 KM SWIM FOR MELANOMA 8AM			
24 NOV			1,000M	
1 DEC			SCRATCH 1,000M	SC
8 DEC			1,200M	
15 DEC	GEORGE FRANKI TROPHY BIATHLON, 1,600M SWIM 9.5KM RUN/WALK, 6.45AM	CC	GEORGE FRANKI TROPHY 1,600M SCRATCH 6.45AM	LD
22 DEC			1,200M ROUND THE ISLAND	
24 DEC	SUMMER OF FUN 24 DEC – 1 JAN 7.30AM			
25 DEC	CHRISTMAS DAY REX HAYHOW TROPHY 1,000M 7.30AM IN THE BAY			
5 JAN			CHRIS BOLGER TROPHY SCRATCH 1,200M	SC
12 JAN			BEN REMFREY TROPHY 2,400M scratch	LD, CC
19 JAN	PETER EDMONDS 3KM HARD SAND RUN 7AM		1,000M	
26 JAN	AUSTRALIA DAY		1,000M NON-POINT SCORE	
			MCROBERT FAMILY TROPHY PALM TO WHALE BEACH 2,500M	
27 JAN			AUSTRALIA DAY (MONDAY) 7.30	
2 FEB			SCRATCH 1,500M	SC LD
			JUNIOR SERIES COMMENCES 8.30AM	
9 FEB	PENGUIN GATES RUN 6.4KM, 6.30AM		DOUG CRAMMOND TROPHY 1,200M ROUND THE ISLAND	
16 FEB			TIM ANDERSON TROPHY 1,200M	
23 FEB			1,500M	
1 MARCH			SCRATCH 1,200M	SC CC
8 MARCH	PETER MACCORMICK IRONMAN TROPHY 100M SWIM, 3KM RUN, 100M SWIM, 6.30AM	CC	STEWART AND MAISIE MACNAUGHTON 1,000M	
15 MARCH			MASTERS RACE 7AM EX SERVICEPERSON RACE 150M 7.15AM 7.45AM SENIORS RACE 1,000M	
22 MARCH			1,800M AROUND THE ISLAND	LD
29 MARCH	TED NEALE TROPHY 3KM SOFT SAND, 6.30AM		HIGGINS SANDERSON TROPHY 1,200M	
5 APRIL	BALMORAL SWIM FOR CANCER 10AM NO RACE AT THE CLUB			
10 APRIL	EASTER SERIES 10 APRIL TO 13 APRIL 7.30AM			
19 APRIL			JACK COX 1,500M ANNUAL PRESENTATION 4PM	LD
25 APRIL	ANZAC DAY (SATURDAY) 1,200M 7.30AM			
26 APRIL			WEIGHT FOR AGE NON POINTSCORE	

CC CLUB CHAMPIONSHIP SERIES ATHLETICS & SWIMMING (PARTICIPATION IN 2 RUNS AND 1 SWIM REQUIRED TO BE ELIGIBLE FOR THE TROPHY)

LD LONG DISTANCE SWIMMING SERIES (7 RACES)

SC SWIMMING CHAMPIONSHIP SERIES (6 RACES)